

Helping your child get ready
for school



Dressing and Undressing

Let your child practise getting dressed and undressed independently, for example putting on and taking off socks, tights, shoes and jumpers and including when clothes are inside out!



Coats

Encourage your child to do up the zip or buttons on their coat.



Naming belongings

Please ensure **all** clothes (including shoes and coats) bookbags and waterbottles are clearly named.



Water

Every child needs to have a named water bottle in school every day (water only). Children may have juice or squash in their packed lunch.



Milk

Your child is entitled to a free carton of milk every day while they are four.

Once they turn five, milk needs to be paid for if required.



Snack for break time

Children can bring in a healthy snack from home in addition to their fruit from school.

This could be rice cakes, a cereal bar (no nuts please), bread sticks, fruit snacks etc. Please do not send cakes, biscuits, crisps chocolate or anything containing nuts or chocolate spread.

Going to the toilet

We encourage the children to go to the toilet independently.

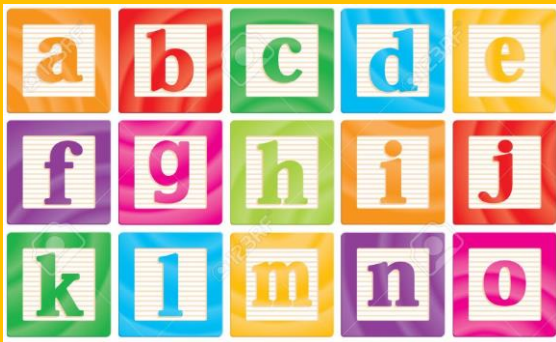
Please try to ensure that they know how to use toilet paper correctly, flush the toilet and wash and dry their hands.



Learning

It would help your child if they are able to read their name when they start school.

You can help your child develop early maths skills by practising counting in lots of different ways. These might include singing counting rhymes and playing matching games.



Speaking and Listening

When reading stories to your child, talk about the pictures, characters and events.

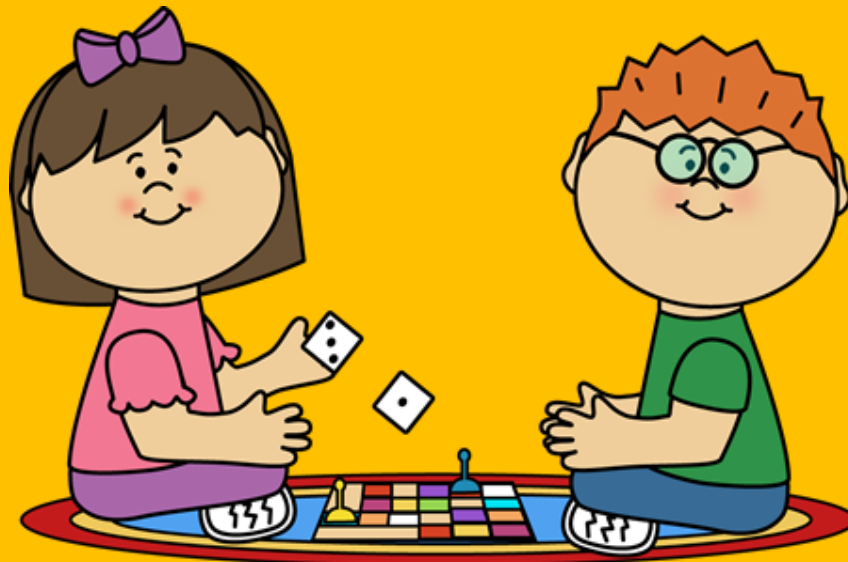
Listen to sounds outside and talk about what you can hear.



Sharing and Turn Taking

Play turn taking games to encourage sharing and working with others.

Encourage your child to wait their turn to talk.



School lunches

All infant school children receive free school meals. Menus are sent out to parents and children are able to decide whether to have school lunches on a daily basis.



Cutlery

Encourage your child to use a knife and a fork to cut up their food and eat independently. Staff will of course support them with cutting if needed.



Packed lunches

You can supply a packed lunch from home if your child would prefer.

We are a nut free school to protect staff and children who have severe nut allergies.

Please do not include peanut butter or chocolate spread in sandwiches.

We are a healthy school, so your child's packed lunch should not contain sweets or chocolate bars, or fizzy drinks.