

Dance Skills

- Perform dances using simple movement patterns

	I can statements	Mastery
By the end of Reception	I can move fluently, with developing control and grace	
	I can combine different movements with ease and fluency	
	I can express myself using a variety of movements	
	ELG Demonstrates strength, balance and co-ordination when playing	
	ELG Moves energetically, such as running, jumping, dancing, hopping, skipping and climbing	
	ELG Is able to negotiate space and obstacles safely, with consideration for themselves and others	
Stage 1	I can copy & explore basic body patterns & movements related to a stimulus	
	I can remember and copy a simple sequence of dance steps led by the teacher	
	I can choose my own actions and link them with sounds and music appropriately	
	I can perform a sequence of dance steps to an audience	
Stage 2	I can respond imaginatively to a variety of stimuli showing creativity in a range of ways	To show creativity of movement To perform with an awareness of the audience
	I can vary dynamics (i.e. spiky, flowing etc), levels, speed and direction	To show control and co-ordination in movements
	I can perform a sequence of dance steps with control and co-ordination	Use flow when linking To perform with an awareness of the audience
	I can develop and adapt movements to improve my dance	